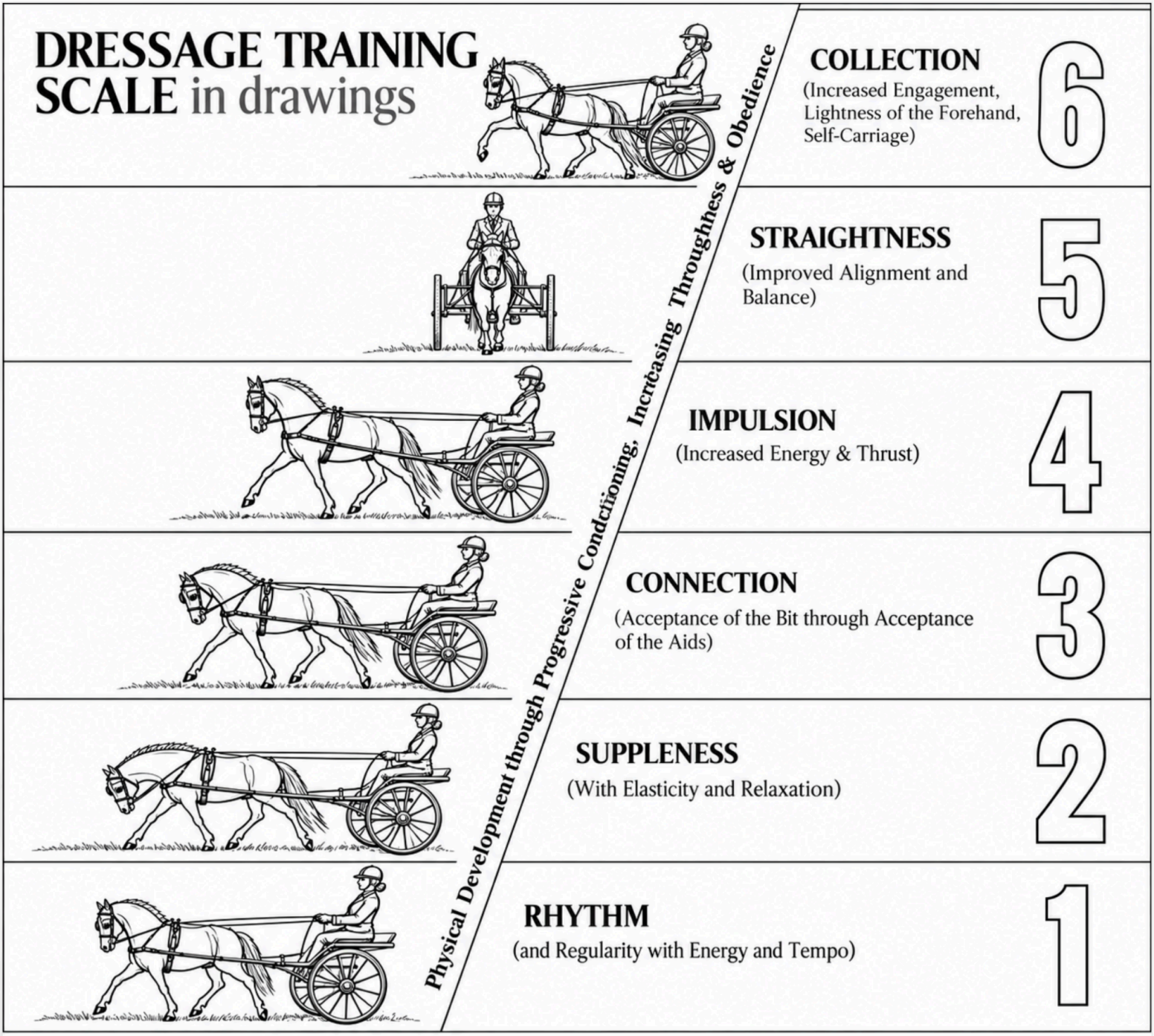


1. **Rhythm:** The regularity and tempo of the horse's footfalls in walk, trot, or canter.
2. **Suppleness:** Physical elasticity and mental calmness without muscular tension or anxiety.
3. **Contact:** A soft, elastic connection and acceptance of the bit through the rider's aids.
4. **Impulsion:** Controlled, propulsive forward energy and engagement generated from the hindquarters.
5. **Straightness:** Alignment of the horse’s forehand and hindquarters along a straight or curved track.
6. **Collection:** Shorter, more cadenced steps with lowered hindquarters, an elevated forehand, and self carriage.